



TATTOO REMOVAL

Information Packet

LI-FT TATTOO REMOVAL

Li-FT Ink Removal is a **non-acidic, high salt based, fruit seed extract** saline lightening product. Li-FT is a highly credentialed and well respected form of ink removal in the tattooing industry. There are two ways to utilise Li-FT.

The first method is for healed or old tattoos, and involves implanting the pigment into the skin using a machine or hand tool. Saline removal works on the theory of osmosis - water in the cells beneath the pigment contain lower amounts of salt than the saline solution. Water rises to the area containing the higher concentration of salt, driving the pigment out of the dermal layer up to the epidermis. The pigment becomes trapped in the scab, and as the scab falls off, the pigments fall off with it. This process is repeated over multiple sessions for maximum results.

The second method is called Emergency Lightening. This method requires the tattoo to be no more than 48 hours old, and consists of a soak in Li-FT solution for 10 minutes. Absolutely no tools or machines are used on the skin, to avoid causing any further damage or discomfort. The theory of osmosis works in the same way with this method, and relies on the fact that the skin is still open to absorption after 48 hours.

EMERGENCY REMOVALS

For the quickest response for emergency removals, please TEXT 0422 432 640 with images of the tattoo to be removed.

THE DIFFERENCES: LIFT vs LASER

Both saline and laser are well respected methods of removal, but they couldn't be more different.

Laser works by producing a short pulse of intense light that penetrates deep enough down into the skin that is absorbed by the pigment. The light breaks the pigment into tiny fragments, which is pushed down deeper into the body to be removed by the lymph and waste system.

Li-FT works through the power of osmosis, the high concentration of salts pulls the pigment to the surface to be removed when the scab drops off.

Some further differences between the two methods include:

- Laser can permanently remove hair; Li-FT will not affect hair growth.
- Laser is restricted to certain colours, different laser wavelengths can only target particular colours, meaning multiple lasers may be needed for colour tattoos. Saline is not colour or depth restricted, and will work on all colours and depths.
- Laser cannot be used around the eyes or on the lips. Li-FT can be used on both of these areas safely.
- Laser does not work on white tattoos (titanium dioxide). In fact, it can actually turn white/cream tattoos grey permanently. Li-FT recognises all colours uniformly, and can be used on white tattoos.
- Laser is best for bigger pieces of work and tougher skin. Li-FT can be very slow to remove large pieces
- They are relatively similar in cost.
- Lasers HURTS. Li-FT is uncomfortable but tolerable. Laser can also cause blistering and burns, which can prolong the removal process

WHICH SHOULD I CHOOSE? LIFT vs LASER

Both methods have their time and their place. My recommendation is to come in for a consultation, so we can develop a plan of action to remove your tattoo as quickly as possible, keeping in mind cost and the integrity of the skin.

We need to consider all the variables - sometimes we will opt for one method, sometimes we will hit it with a combination of both.

The goal is ultimately to lighten the tattoo as much as possible, whether that's with me with Li-FT, or with laser with another tech.

HOW MANY SESSIONS WILL IT TAKE?

It's impossible to predict the number of sessions it will take to lighten unfortunately. Many times we are able to achieve amazing results in 2-3 sessions, but for some cases we may need upwards of 5 to achieve a desired level of lightening.

The variables we need to consider are:

- Number of times the area has been tattooed
- Saturation and density
- Depth of tattoo
- Colours to be removed
- Integrity of the skin
- Presence of titanium dioxide (white ink)
- Area of the body
- Oily or dry skin
- Clients healing process/recovery
- Client aftercare

TIME BETWEEN SESSIONS

An absolute minimum of 8 weeks is required between sessions due to the depth and type of wound caused by removal. Allowing such a long wait is in the best interest of the skin, and ensures the skin is healthy and ready for a follow up session.

RISKS

I endeavour to manage and minimise these risks, and ensure that the benefits far outweigh the costs. Some examples include:

Hypo/hyperpigmentation: A condition where patches of the skin are lighter/darker than the rest of the skin

Numerous sessions: The number of sessions and level of lightening is always undefined. There are no guarantees or promises on a specific level of lightening or complete and total removal.

Infection: My clinic is an incredibly well controlled environment, however once you leave the studio there is always a risk of obtaining infection for any open wound. Aftercare must be followed, and every effort must be made to keep the area clean.

Immediate Redness: Immediately after removal, the treated area can appear a very bright shade of red or orange. It can be very intense and vivid, dependent on each client's skin, but will subside over the following days.

COST AND INCLUSIONS

Emergency Removals: \$125

Standard Removal: Price provided by quotation only

All sessions include:

- Pre-numbing cream
- During procedure numbing cream
- Complete after care kit

AFTERCARE

All aftercare will be provided to you at your session.

For approx. 1 week after your lightening procedure, the area must be gently cleansed with a saline solution to increase the amount of salt concentration in the area, as well as keep the wound clean.

No swimming, saunas, excessive sweating or any other forms of direct water on the tattoo until the scabs have disappeared.

Sun exposure is to be kept to a minimum. No makeup, oils, moisturiser or serums on the area. No products containing retinol.

During the scabbing period, brows will scab and heal on their own. During this time, do not pick/itch/pull the scabs as this will affect the healing, increases the risk of scarring, and inhibits the saline from continuing to work beneath the surface.

Once the scabs have dropped off, apply provided Vitamin E to assist the skin in staying healthy and moisturised. This oil is NOT to be applied while the scabs are still present.